

Frequently Asked Questions (FAQ)

WHAT ARE THE PROGRAM DATES?

Summer 2021 Program Dates:

There are (3) Sessions available:

- Session 1: Monday, June 21 - Thursday, July 1, 2021
- Session 2: Monday, July 12 - Thursday, July 22, 2021
- Session 3: Monday, July 26 - Thursday, Aug 5, 2021

The program runs **Monday - Thursday** with options to join the morning (AM) class, afternoon (PM) class or the full day by signing up for both the AM & the PM Classes.

There are (2) classes per day:

- Morning (AM) class (8:00 a.m. - 11:00 a.m.) - (3 Hours)
- Afternoon (PM) class (12:00 p.m. - 3:00 p.m.) - (3 Hours)
**(Lunch is NOT Required but it is preferred if you bring a snack)

- Full Day (AM + PM) within the same session (8:00 a.m. - 3:00 p.m.)
(6 Hours + 1 extra hour for lunch 11a.m. -12 p.m.)
**(A sack Lunch is REQUIRED to attend a Full Day. Lunch will not be provided and must be brought by each participant.)

**Due to COVID-19 protocols, this year's program will be a modified version of previous years. There are restrictions and changes to the number of participants:

- Each (AM, PM) Class within a Session will have a minimum of 40 participants and a max of 50.
- If a class does not reach the minimum amount of participants required, that class has the potential to be cancelled for that session.
- Spaces will be limited and will be available on a first come, first serve basis.

WHAT ARE THE PROGRAM LOCATIONS?

There are (3) Lake Locations:

- **Santa Fe Dam Recreational Area**

Phone: 626-334-1065 (Main Park Office)

Address: 15501 E Arrow Hwy, Irwindale, CA, 91706

Email: santafedamjgs@parks.lacounty.gov

- **Frank G. Bonelli Regional Park**

Phone: 909-599-8411 (Main Park Office)

Address: 120 East Via Verde Dr, San Dimas, CA, 91773

Email: Bonellijgs@parks.lacounty.gov

- **Castaic Lake**

Phone: 661-257-4050 (Main Park Office) 661-775-8488 (Program Office)

Address: 32132 Castaic Lake Drive, Castaic, CA, 91384

Email: Castaicjgs@parks.lacounty.gov

HOW DO I TRYOUT FOR THE 2021 JUNIOR LIFEGUARD PROGRAM?

STEP 1:

- Create an Account on the new Active Net system through the LA County Parks and Recreation Website - parks.lacounty.gov

(For Step by Step Directions on how to make an account / sign up for a tryout, please visit: <http://parks.lacounty.gov/juniorlifeguards/>

And click on **"STEP BY STEP TUTORIAL: How to Create an Active Net Account"**)

STEP 2:

- Select the Lake Location you wish to participate
- Register for the Free Tryout

STEP 3:

- Attend the Tryout on the designated Date and Time you signed up

STEP 4:

- Once you have passed the Tryout you will be able to participate in the Registration process when it Opens on the Active Net system for the Junior Guard Program in your area.

WHAT ARE THE REQUIREMENTS TO BECOME A JUNIOR LIFEGUARD?

1) New Junior Lifeguards must pass a Swim Tryout that consists of:

- 100-yard Swim - Time: under 2 minutes and 30 seconds (2:30)
- Tread water - Time: 3 minutes (3:00)
- 10-yard Underwater swim

Tryout Details:

All modules must be completed successfully in order on the same day and are the minimum requirements to participate in the program. All participants will have to PASS the TRYOUT before they can register for the Jr. Lake Lifeguard Program.

ALL APPLICANTS MUST BRING:

- A PARENT OR LEGAL GUARDIAN WITH THEM TO THE TRYOUTS
- Swimsuit and Towel
- Proof of Participant's Age (Birth Certificate, etc.)

PLEASE BE ON TIME AND READY TO SWIM AT YOUR APPOINTMENT TIME.

Due to Covid concerns we are seeing a limited number of people at a time.

If you miss your time, there is no guarantee you will be able to Tryout later that day.

This is not a registration for the JG Summer Sessions Program and does not guarantee admission into the program sessions. Once you have completed the TRYOUT you will be able to Register for the program when Registration opens.

ALL JGs will have to PASS the TRYOUT before they can register for the Jr. Lake Lifeguard Program.

Program Details: For In-Person (Outdoors) Classes

- Participants must maintain six feet physical distancing, wear face masks, and participate in a temperature check before each in-person class.

- Participants should not attend if they are experiencing COVID-19 symptoms including fever, cough, shortness of breath, sore throat, chills, muscle pain, headache, vomiting and diarrhea.

- No parents/guardians or guests will be allowed in the programming space to reduce contact with others.

2) Must be between the ages of 9 - 17 yrs of age to participate.

- Must be 9 yrs old by the first day of the selected session.

3) Create a Family Account on Active Net

4) Must turn in a Physician Release using the provided Physical Form.

5) All Waivers Signed

WHAT IS THE RETURNING JUNIOR LIFEGUARD REGISTRATION PROCESS?

Due to the Covid 19 postponement of the program from 2020, all past Juniors Guard participants will have to re-tryout for the 2021 Summer Program. All Junior Guards that Pass the Tryout will register online on Active Net, at the same time when Registration Opens. No Priority

WHAT ARE THE SWIM TEST DATES AND LOCATIONS?

(2) Pool Tryout Locations:

Santa Fe Dam - Bonelli Park *(Joint (2) Lake Tryout)*

- Dates:
 - April 25, 2021
 - May 8, 2021
 - May 9, 2021
- Pool Location:
 - Norman Johnson Aquatic Center - Pool
 - 405 S. Santa Anita Ave.
 - Arcadia, CA, 91006

Note:

Santa Fe Dam & Bonelli are two separate program locations, but they will be having a combined (2) Lake Tryout @ the same pool location. - Meaning they will be testing participants signing up for the **Santa Fe Dam** Program and **Bonelli Park** Program.

- Time slots:
 - Due to COVID-19 the tryouts are set up by appointment time ONLY.
 - Must sign-up for a (free) swim test appointment on Active Net.
 - Time slots are set 15 mins apart w/ 8 openings per time slot
 - First come, first serve.
 - Time frame is between 8:00 a.m. - 4:00 p.m.

Castaic Lake

- Dates:

- April 24, 2021
- April 25, 2021
- May 1, 2021

- Pool Location:

Castaic Aquatic Center - Pool
31350 Castaic Rd.
Castaic, CA, 91384

- Time slots:

- Due to COVID-19 the tryouts are set up by appointment time ONLY.
- Must sign-up for a (free) swim test appointment on Active Net.
- Time slots are set 15 mins apart w/ 8 openings per time slot
- First come, first serve.
- Time frame is between 8:00 a.m. - 4:00 p.m.

DOES MY CHILD NEED TO TRYOUT AGAIN?

Yes, all participants (including returning participants) will need to Tryout again for the 2021 season.

Due to the Covid 19 postponement of the program from 2020, all past Juniors Guard participants will have to re-tryout for the 2021 Summer Program. All Junior Guards that Pass the Tryout will register online on Active Net, at the same time when Registration Opens. No Priority

WHAT DOES MY CHILD NEED TO PARTICIPATE IN JUNIOR LIFEGUARDS?

All *Required Items are needed to bring to camp to be successful.

***Required Items to participate:**

- Face covering (Face mask, gator etc.)
- Personal hand sanitizer
- Clean uniform
- Lots of water and a snack
Must bring sack lunch, if the participant is in both an AM & PM class in one day.
- Towel
- Running shoes
- Sandals (for walking around the park)

Extra Items (optional):

- Swim goggles
- Snorkel gear: (mask, fins, snorkel)

WHAT CAN MY CHILD EXPECT DURING A TYPICAL DAY OF JUNIOR LIFEGUARDS?

The AM & PM classes are the same schedule, same program. Kids will be obtaining the same training and learn the same skills (etc). It is a repeat with possible changes to the activities and games played throughout the day.

Due to COVID-19 protocols, there are restrictions and changes to the typical daily schedule:

- Meet instructor at drop-off location for a COVID-19 health screening
- Take roll
- Warm-up
- Water event (ex: buoy swim, paddle board, rescue cans)
- Take places/de-brief event
- Snack/re-hydrate/re-apply sunscreen

- Lake/lifeguard-related discussion
- Skills training
- Game (time permitting)
- Pack up/upcoming event reminder
- Release at pick-up location

WHAT IS THE DIFFERENCE BETWEEN A HALF DAY & A FULL DAY? WHAT DOES A MODIFIED PROGRAM CONSIST OF?

**Due to COVID-19 protocols, this year's program will be a modified version of previous years. There are restrictions and changes to the number of participants:

- Each class is limited to 40-50 participants in the program at one time.
- Each Session is split into 2 classes, a morning (AM) and an afternoon (PM).
- A full day option is available, by signing up for both an AM & the PM Class within the same session.
- There is no extra curriculum, activities or lessons included in a full day (AM+PM class within the same session). It is a repeat with possible changes to the activities and games played throughout the day.
- The AM & PM classes are the same schedule, same program (as seen in the question above, *"What can my child expect during a typical day of Junior Lifeguards?"*) Participants will be obtaining the same training and learn the same skills (etc).
- We offer multiple options (half or full day) to facilitate different family needs.
- If a class does not reach the minimum amount of participants required (40 participants), that class has the potential to be cancelled for that session.
- Spaces will be limited and will be available on a first come, first serve basis.

CAN MY CHILD DO MORE THAN ONE JUNIOR LIFEGUARD SESSION?

Yes, participants can attend more than one Junior Lifeguard Session or Class.

A full day option is available, by signing up for both an AM & the PM Class within the same session.

There will be NO restrictions for participants to be able to sign up for multiple classes in multiple sessions, as long as availability permits.

All Sessions (3 in total) and all Classes (AM , PM) are on a first come, first serve basis. When Registration opens (on a designated date - TBA), all participants who passed a tryout will be able to register for one or more classes in the desired session(s), if availability permits.

There is No Priority Registration.

WHAT IS THE ABSENCE POLICY?

Attendance is taken daily. Regular attendance is encouraged and will allow participants to benefit fully from the program. Please notify us if your child will be absent for more than 2 days in a row.

ABSENCES DUE TO COVID-19

We are following state guidelines. If a health screening indicates symptoms consistent with COVID-19, or if your child tests positive for COVID-19, the Junior Lifeguard Program will determine the safest next step. In turn, possible removal from the program may be necessary.

- Participants must maintain six feet physical distancing, wear face masks, and participate in a temperature check before each in-person class.

- Participants should not attend if they are experiencing COVID-19 symptoms including fever, cough, shortness of breath, sore throat, chills, muscle pain, headache, vomiting and diarrhea.
- No parents/guardians or guests will be allowed in the programming space to reduce contact with others.

WHAT IF MY CHILD NEEDS TO ARRIVE LATE OR LEAVE EARLY DURING THE PROGRAM?

Due to COVID-19 protocols, there may be restrictions and changes to the drop-off and pick-up procedure. Please notify us in advance, so we can prepare Instructors of the change.

HOW MUCH DOES THE JUNIOR LIFEGUARD PROGRAM COST?

Summer 2021 Program:

Program Fees

AM Class: \$241

PM Class: \$241

Full Day (AM + PM) within the same session: \$482

A uniform is included in the fee. All participants receive a Junior Lifeguard t-shirt, navy blue custom-designed shorts and a one-piece swimsuit (for girls).

With COVID-19 protocols, all participants will need to bring a face covering with them as a part of their uniform.

IS FINANCIAL AID OR TRANSPORTATION AVAILABLE?

Financial Aid:

Financial Assistance will not be available for the Summer 2021 Program Season.

LA County Department of Parks and Recreation regarding the Junior Lake Lifeguard Program at Castaic Lake, Frank G. Bonelli Regional Park and Santa Fe Dam.

The 2021 Junior Lake Lifeguard Program is a modified version of those of previous years, which adheres to the COVID-19 guidelines from State and local health officials. The 2021 program includes reduced class size ratios (15 participants per 1 instructor) and a smaller limit on the number of participants allowed in the program at one time (50 participants maximum in each morning or afternoon class time per each two-week session).

The 2021 program fee increase reflects these modifications which are essential to providing a safe environment for youth participants and trained lifeguard staff. The fee also reflects the true operating cost for this robust program.

We understand that the increased cost may be a deterrent for some participants and their families. We are looking at ways to offer scholarship programs in the future. However, we will be unable to do so for the Summer of 2021.

Transportation:

There is no transportation program in place at this time. Participants will need to be dropped-off and picked-up by a Parent/Legal Guardian daily.

ARE REFUNDS AVAILABLE?

If a Junior Lifeguard is unable to participate in the program (e.g., medical reason, personal conflict, inability to complete swims, etc.), a partial refund may be available.

If a class does not reach the minimum amount of participants required, that class has the potential to be cancelled for that session to which refunds will be available and/or a transfer to another lake will be an option if there are open spots available within that same session.

WHAT IS THE JUNIOR LIFEGUARD PROGRAM TAX ID NUMBER?

The Tax ID Number of the Junior Lifeguard Program is 95-6000927.

WHAT IS AN JG ASSISTANT INSTRUCTOR?

Assistants are Junior Lifeguards that are being groomed to become Lifeguards. They operate under the supervision of a Junior Lifeguard instructor. Assistants will be challenged to learn basic lifeguard skills, rescue techniques, and CPR. Assistants are also expected to lead younger Junior Lifeguards in practical and physical skills. Assistant applicants must be 16 or 17 years old and must have completed at least two years in the Junior Lifeguard program; one year of which they participated in the "A Group" (with participants of 14 - 17 yrs).

The Junior Lifeguard Program is currently looking at ways to safely run the Assistant Program in 2021. If you are interested please email the Junior Lake Lifeguard Program Director of your preferred location.

Santa Fe Dam - Santafedamjgs@parks.lacounty.gov

Bonelli Park - Bonellijgs@parks.lacounty.gov

Castaic Lake - Castaicjgs@parks.lacounty.gov