

ENTRANCE EXAM

The Los Angeles County Instructor Course can afford to remain highly selective in accepting qualified applicants. Two full days of exams will determine the selection of candidates, and only the most qualified applicants will be accepted. In order to be admitted to the program, candidates must satisfy the following minimum requirements during entrance exam:

SWIMMING AND WATERMANSHIP EXAM

- ◆ 400—yard swim within 11 minutes
- ◆ 50—yard swim demonstrating good proficiency in a 2nd swim stroke (Other than crawl)
- ◆ 25—yard underwater swim, surfacing with a 10lb. weight from 12ft. depth
- ◆ 15 minute survival float
- ◆ 50—yard buddy tow
- ◆ Skin diving ditch and recovery

SCUBA HANDLING EXAM

- ◆ Full ocean gear bail-out immediately followed by 300-yard snorkel swim with extra 10 lbs. and no added buoyancy
- ◆ 100—yard buddy breathing w/o mask

ACADEMIC KNOWLEDGE EXAM

INTERVIEW AND 5 MINUTE PRESENTATION

PRACTICAL OCEAN EXAM

- ◆ Skin diving entries and exits
- ◆ Surface dives
- ◆ Weight belt ditch and recovery 10-15 ft.
- ◆ Demonstrate recognized safety procedures in SCUBA diving including buddy checks and dive planning
- ◆ SCUBA entries and exits
- ◆ Bottom checks
- ◆ Stationary buddy breathing
- ◆ 33 ft. emergency swimming ascent

COURSE FEES

\$1,800

FEES INCLUDE

- ◆ NOAA Diving Manual
- ◆ Professional Lectures from top dive industry experts.
- ◆ Over 100 hours of pool and ocean training.
- ◆ Catalina Casino Point dive. (weather permitting)
- ◆ Chartered Boat dive. (weather permitting)

INFORMATION & WORKSHOPS

- One workshop is mandatory -

- Registration for the workshop is required -

1) October 13, 2024

2) November 10, 2024

Class 8:00 am—9:30 am

Pool 10:00 am—11:30 am

ENTRANCE EXAM—MANDATORY

December 7th & 8th, 2024

Saturday

Pool: 8:00 am—11:30 am

Class: 1:00 pm—4:00 pm

Sunday

Ocean: 8:00 am—12:00 pm

INFORMATION SESSIONS, WORKSHOP

AND EXAM LOCATION:

Belvedere Aquatic Center

5035 East 1st Street

Los Angeles, CA 90022

Workshop Registration Link:



COURSE DATES

January 4, 2025—April 26, 2025

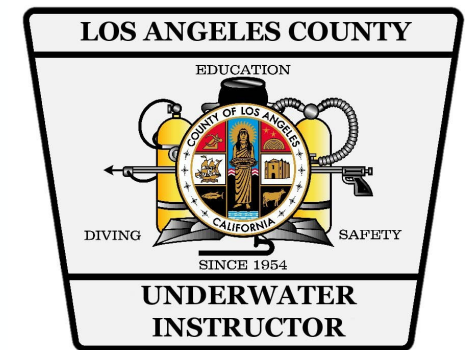
SCRIPPS Weekend

February or March, 2025

County of Los Angeles
Department of Parks and Recreation



Underwater Instructors Certification Course



UICC69

Underwater Unit
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OUR CHALLENGE



The greatest challenge facing the diving community today is the “under-trained diver” and their deteriorating effect on our sport. A vital need continues to exist for highly trained professional educators in this sport to aid all participants toward a better realization of individual limitations and increased confidence levels in diving skills, diving safety, enjoyment and knowledge.

The County of Los Angeles Department of Parks and Recreation was the first to recognize the need for a highly skilled and dedicated underwater program in 1954. The goal was to effectively teach proper and safe practices in recreational Freediving & SCUBA diving and to develop the first recreational Skin (Freediving) & SCUBA certification program. This influence can be observed in the certification standards adopted by many other modern day SCUBA certification agencies.

During the past seventy years, over 250,000 safe Skin & SCUBA divers have been trained by professional Los Angeles County Underwater Unit Instructors.

The most potent of all influences in the development of any citizenry is the influence of a good teacher, therefore, a critical influence in the positive development of diving results in effective underwater instruction.

The Los Angeles Underwater Instructor Certification Course invites you to accept this challenge. The goals will be higher than ever this year reflecting a return to the high demand of past watermanship and academic standards.

We invite you to share these goals with us and meet the challenge.

THE COURSE

This is the renowned Los Angeles County Underwater Instructors Certification Course, also known as “UICC”; a tax supported, non-profit public program committed to training and developing the highest caliber diving instructors anywhere. The primary objective of this program is to promote and encourage, through top instructors, the training of the general public and agency professionals in the safe techniques of participating in underwater recreation activity.

UICC is a non-partisan, demanding, three month plus curriculum of weekend training in the Greater Los Angeles County area and surrounding coastal waters. More than 150 hours are involved in this total effort, including extensive personal research and study. The curriculum is highly concentrated to include the most current information and the most up-to-date teaching applications on Recreational Freediving and SCUBA that is available. In addition to training in our local coastal waters, participants will have the opportunity to visit the Catalina Dive Park, experience boat charter dive instruction (weather permitting), and touring the Scripps Institute of Oceanography in La Jolla, CA.

Since 1954, Los Angeles County has maintained an international focus by offering the most intensive training curriculum for professional underwater instructors. We accept only the best and graduate only the most qualified into the public instruction field. A proud tradition.



BE A PART OF THE HISTORY

REQUIREMENTS

- ◆ Candidate must be 21 years of age.
- ◆ Current Satisfactory SCUBA diving medical exam.
- ◆ Basic SCUBA and Rescue certification equivalent.
- ◆ Current CPR & First Aid certifications.
- ◆ Be actively SCUBA diving (40 logged dives) for at least one year prior to the beginning of UICC.
- ◆ A letter of recommendation by TWO active SCUBA Instructors in good standing.
- ◆ Be knowledgeable in the science of underwater activities.
- ◆ Possess diving skills that exhibit a high level of proficiency.
- ◆ Demonstrate an ability to communicate effectively.