

**Program Information & Testing Workshop:**

**June 9th & June 16th  
8:00am - 10:00am**

Belvedere Aquatic Center  
5035 East 1<sup>st</sup> Street  
Los Angeles, CA 90022

**Candidate Testing Date:** June 23, 2024

Belvedere Aquatic Center  
5035 East 1<sup>st</sup> Street  
Los Angeles, CA 90022

**Eligibility Required for Participation:**

- At least 18 years old at time of enrollment.
- Basic SCUBA certification from a recognized agency.
- Completed signed medical form (physician clearance & signature required)
- Must pass swim & watermanship tests.

**Swimming & Watermanship Tests:**

- 300-yd. swim (no swim aids)
- 50-ft. underwater swim (no swim aids)
- 50-yd. buddy tow (no swim aids)
- 10-minute survival float
- 400-yards swim on SCUBA in the pool with a fully inflated BC on the surface

**Course cost**            \$895.00  
Includes books, boat dive, patch and certificates.



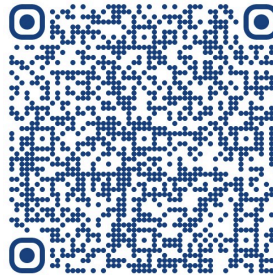
Underwater Unit Aquatics Headquarters  
32132 Castaic Lake Dr.  
Castaic, California 91384  
(626) 662-5107

Email:

[lacunderwaterunit@parks.lacounty.gov](mailto:lacunderwaterunit@parks.lacounty.gov)

Webpage: <https://parks.lacounty.gov/underwater-unit/>

**Workshop/Tryout  
Registration Link:**



County of Los Angeles  
Department of Parks and Recreation

**Advanced Diver  
Program**



**2024**

**MOST PRESTIGIOUS  
CERTIFICATION**

**SINCE 1954**

June 23 thru September 15, 2024

# ADP 2023 Schedule

June 23th Testing & Orientation  
July 7th - September 15th

Classes meet Sundays most weekends  
8:00 am to 5:00pm and selected Saturdays

## Program Highlights

### Shore Based Dives & Diving Techniques

Boat Dive

Altitude Dive

Lake Dive

Free Diving

Forecasting & Evaluating Dive Site  
Conditions Using NOAA & CDIP Tools

Physical Conditioning &  
Watermanship Skills Training



## About ADP:

Recognizing the need to provide a comprehensive continuing education and training program for the recreational SCUBA diver in the Southern California area, the Los Angeles County Underwater Unit Department of Parks and Recreation, established the Advanced Diver Program in 1964.

The program objective is to provide participants with an opportunity to receive rigorous training specifically tailored to the Southern California dive environment. Previous graduates have found ADP to be a transformative training experience in developing a high level of confidence and proficiency in diving skills and knowledge.

Combining lectures with pool and ocean labs, participants are provided with rigorous training in a comprehensive learning environment. Training is focused to increase candidates' safety, education and fitness in our local ocean environment..

The ADP program is conducted annually from the end of June to September with participants receiving over 100 hours of training including a minimum of 12 open water dives.

ADP is a rigorous course. Candidates must be in good physical condition.



## Over 100 hours of quality training

### Lectures may include:

Oceanography & Forecasting

Ideal Diving Conditions

Navigation

Rescue

Physics

Physiology

Physical Fitness & Nutrition

Diving Equipment Inspection &  
Maintenance

Medical aspects of Diving

Marine Life ID

Dive Planning

Dive Tables & Computers

Introduction to Decompression

Theory & Basic Concepts

Free Diving

Altitude Diving

Freshwater Diving

Night Diving

Search & Recovery

Shore & Boat Based Diving

